



I believe a well-run set brings out the best in everyone, helping people do their jobs without stress and making space for great creative work to happen. I keep things running smoothly by staying calm under pressure, communicating clearly, and making sure the day stays on track. I've worked across a range of Live TV, commercials, factual entertainment, the world of short form social media, fashion and music promos, managing crews, schedules and everything in between to keep productions moving forward without fuss.

**A few people I've enjoyed working with:**

Sir Elton John  
Jeremy Clarkson  
Jude Law  
David Walliams  
Michael Fassbender

Idris Elba  
David Beckham  
Tom Hiddleston  
Big Narstie  
Naomi Campbell

Lots of sport and music stars.  
Hundreds of commercial actors.  
Thousands of supporting cast

**Countries I've worked in**

- UK
- Ireland
- Spain
- France
- Italy
- Saudi Arabia
- Zimbabwe
- Botswana
- Qatar
- Egypt
- Barbados
- Germany
- Singapore
- Malaysia

**On set toolkit**

- Fashion
- Food Shoots
- Stunts
- Filming with children
- Underwater
- Wire rigs
- Boats
- Helicopters
- Animals
- SFX
- VFX
- Virtual Productions
- Scenes of Intimacy
- Multiple Units
- EPK's
- Large Crowds
- Cars
- Aerial Units
- Multiple Camera Sets
- H&S
- Social Units
- Stills Units
- Live Events
- Sports Direction
- Remote locations
- Adults and children with additional needs

## Selected Credits

<b>Grand Tour</b>	Dir: Phil Churchward	Flat Four Films
<b>Clarkson's Farm</b>	Dir: Southan Morris	Amazon Original
<b>The Knights</b>	Dir: James Nunn	Malta Film Commission
<b>EE x Samsung</b>	Dir: Jacob Hopewell	Prodigious
<b>Mc Donalds</b>	Dir: Scott Grummett	Darling Films
<b>Twix</b>	Dir: Traktor	Stink
<b>Dior</b>	Dir: Agnes Lloyd-Platt	Art Production
<b>EA Sports</b>	Dir: JAK	Knucklehead
<b>Dept of Education</b>	Dir: Rollo Jackson	SomeSuch & Co
<b>RAF Recruitment</b>	Dir: Kit Lynch-Robinson	Marmalade
<b>Iceland</b>	Dir: Ollie Murray	KREAM
<b>Mc Vities</b>	Dir: Jim Owen	Partizan
<b>Huel</b>	Dir: Phoebe Arnstein	Magna Studios
<b>Dove</b>	Dir: Miranda May	Darling
<b>Disney Jnr</b>	Dir: Helen Ewer	Darling
<b>Aveda</b>	Dir: Owen Silverwood	Art Production
<b>Birds Eye</b>	Dir: Juliet May	Merman
<b>Unilever</b>	Dir: Ryan Hopkins	Caviar
<b>THFC x AUDI</b>	Dir: Giorgio Bruni	We Are Social
<b>Zara Kids</b>	Dir: Ivan Varela	Farago Projects

## Info

<b>Nationality</b>	British and Spanish passports	
<b>Courses</b>	<a href="#">BECTU Creative Industries Safety Passport</a> <a href="#">iHasco "Bullying &amp; Harassment for Employees"</a> <a href="#">iHasco "Sexual Harassment Awareness"</a> <a href="#">First Option "Risk Awareness in Production"</a>	
<b>Education</b>	<b>1995 - 2002</b>	The London Oratory
	<b>2003 - 2006</b>	London Southbank. BA Digital Film Production
<b>Experience</b>	<b>2001 - 2011</b>	Freelancer Live TV
	<b>2004 - 2006</b>	In house production
	<b>2006 - 2013</b>	Commercials runner
	<b>2011 - 2013</b>	Assistant Prod Sky Sport Rugby Dept
	<b>2013 - present</b>	Assistant Director

In 2019, I also started a film interview podcast, The Film Gods, to document our generation of film crew. I never felt there was time, when I was a runner, to ask the burning questions I had about how to become a better film crew member, so I created a place for that knowledge and wisdom to be passed on. Reaching numerous number-one spots around the globe, the podcast is a passion project that gives everyone a voice.

